



CHECKLIST FOR AN APPLICANT APPLYING TO BECOME ACCREDITED AS AN EMDR EUROPE TRAINER

Name:

Address:

You will not be allocated a case-handler for your application until you have supplied all the information below, so to avoid delay in processing your application please read this carefully.

1 Licensing/Registration

You have provided evidence that you are licensed/registered as a mental health practitioner/clinician in your own country.

Received Not received

2 Experience and Training

(a) You have provided evidence that you are an accredited EMDR Consultant and a member of your national EMDR Association.

Received Not received

(i) You have a minimum of 2 years post-certification experience as an EMDR consultant.

Received Not received

(ii) You have provided evidence of treating at least 50 patients which include a variety of cases including acute and complex trauma, and chronic complex dissociative disorders

Received Not received

(iii) You have provided a reference from an EMDR Europe consultant which corroborates all of the above.

Received Not received

(b) You have supplied 2 DVDs of your clinical work, a full unedited EMDR session of your client work demonstrating the highest professional standards in the application of EMDR plus, your clinical use of the Cognitive Interweave.

Received Not received

(c) You attended at least 5 full (all parts) EMDR trainings where you successfully facilitated in small groups of EMDR trainees as part of an EMDR training programme. This is corroborated by an accredited EMDR trainer.

Received Not received

3 Standing in the trauma field

(a) You devote at least 40% of your professional time in clinical practice (including clinical supervision).

Received Not received

(c) You have provided evidence of having sufficient standing within the clinical and trauma field (clinical references, publications, general reputation).

Received Not received

4 Teaching

(a) You have provided evidence of having substantial teaching experience.

Received Not received

(b) You have provided two references regarding your teaching experience from academic colleagues/peers.

Received Not received

(c) You have been mentored teaching parts (approximately 30 minutes each) of an approved EMDR Europe training course and been judged by an approved EMDR Europe senior trainer to be competent and have demonstrated your ability to:



- Present the material in a clear and informative manner which adheres to Shapiro's latest edition of her text "EMDR: Principles, Procedures and Protocols".
- Engage effectively with the audience.
- Answer questions from the audience appropriately.
- Demonstrate your ability to manage group process.

This has been successfully achieved on a minimum of 4 [occasions](#), (ie most trainee-trainers need to present on more than 4 occasions until they are judged to be ready to submit their application). The presentations must include at least:

- 2 presentations of teaching parts of the eight-phase protocol.
- 1 presentation of teaching the Cognitive Interweave **or** Blocked Processing.
- 1 presentation of teaching the Adaptive Information Processing model **or** outlining current EMDR related research.

The assessing EMDR Europe approved senior trainer has provided written testimonial stating how you have met the above criteria.

Received Not received

- (d) You have provided a full unedited video of an EMDR presentation which demonstrates that your teaching skills meet the highest professional standards. (As an alternative, it may be possible to ask a member of the Standards committee who is not from your country to observe your presentation).

Received Not received

5 National EMDR Association

You have provided evidence that your national EMDR Association is aware of your application.

Received Not received

6 Ethical standing and integrity

- (a) You have provided information which supports that you maintain integrity in science, teaching and practice in psychotherapy.

Received Not received

(b) You agree to adhere to ethical and professional standards of EMDR Europe.

Received Not received

7 Administration fee

An administration fee of 750 Euro has been paid to EMDR-Europe (account nr. 53.83.04.081 of Stichting Eye Movement Desensitization and Reprocessing. Bank: ABN AMRO bank, Bilthoven, The Netherlands)

Received Not received

.....(Date)

02/07/2014