

EMDR Europe Facilitator (2023)

The facilitator provides one of the most important components of an EMDR Europe- approved training course. Effective facilitation requires a high level of clinical skills and a high level of ability to teach individuals and groups. EMDR Europe sets out below both the responsibilities and minimum standards that must be met by all facilitators and trainers.

It is the responsibility of each EMDR Europe trainer to:

- Decide how many facilitators they require to complete their training schedule in order to meet the EMDR Europe requirements for training courses, bearing in mind the maximum of 12 trainees to a facilitator in the treatment practicums.
- Identify facilitators who are competent and capable of undertaking the role of facilitator during their training.
- Provide appropriate training for a new facilitator and decide the content of that training.
- Assess when a new facilitator is competent to carry out the role of facilitating during all parts of his/her training.
- Assess that all the requirements for facilitators outlined below have been met.
- Make sure that their facilitators keep their competence and knowledge up to date.
- Assess and review the ongoing competence of his/her facilitators by reviewing feedback forms and addressing any issues that may be highlighted during training.

Trainers are responsible for deciding the competencies of their facilitators.

To complete the process of becoming a facilitator, you must have at least two years of practice as an EMDR Europe-accredited consultant.

A facilitator must:

- Have been an EMDR accredited consultant for at least two years*.
- Have some teaching experience.
- Observe the role of a facilitator in practice on all parts of an EMDR Europe-approved training course on at least one occasion.
- Be observed and guided by an experienced facilitator or trainer, completing all the required facilitator tasks and duties on at least two full EMDR Europe training courses (all parts) until the trainee facilitator is judged to be competent by the trainer.
- Review with their trainer any issues that occur during training or are reported in feedback forms following training.
- Keep themselves up to date with the latest research and new developments in EMDR.

** For an emerging EMDR country where there are not yet enough suitably trained clinicians, the requirement to be accredited as a consultant for two years may be temporally waived. This will be done at the discretion of the trainer.*