



## **EMDR Europe Trainer and Standard Training Course Accreditation**

Accreditation as an EMDR trainer is the highest standard that EMDR Europe can award. Only training courses and trainers accredited by EMDR Europe are recognised as delivering accredited standard training in EMDR therapy within Europe. The EMDR Europe Standards Committee has responsibility for the accreditation of trainers and their training courses. This Committee is deeply committed to ensuring that the process of accreditation is rigorous and fair and that all applicants are treated equally.

Before beginning the application process, you must have been trained to facilitate on an EMDR Europe accredited training course, (Click on the download button to view the document "EMDR Europe Facilitator 2023") and have successfully carried out the duties of a facilitator on at least five separate complete training courses. You must also have been mentored as a trainee trainer by a senior EMDR Europe trainer who has agreed that you are now ready to make this application. You will find full details of this process in the document "Trainer Criteria" (click on the download button to view).

In addition to your accreditation as a trainer, you must also have your training course accredited. You will find full details in the document "EMDR Europe Criteria for Certification of a New Standard Training" click on download button to view. It is not a requirement that you process both at the same time. However, you will not receive your certification until your course has been approved so if you wish to speed up the process, it is helpful if you also send in the documents related to your training course with your application. (If you intend to teach a previously accredited EMDR Europe training course, please read the document "EMDR Europe Certification using previously accredited training" also included in the training certification download).

Please also make sure that you understand the five-year reaccreditation requirements and read both the documents "REACCREDITATION REQUIREMENTS FOR TRAINERS (2024)" and

“Guidelines for National associations – External trainers” available by clicking the relevant download buttons.

If you decide to apply, it will be your responsibility, as the applicant, to make sure that the Committee receives all the required documentation and videos, with consent from your subjects, for the Standards Committee to view. (Download “Video Consent” and “Video Rating Form”).

You should provide a link to your material so that it may be accessed by the Standards Committee. The processing of your application does not begin until everything has been received and your non-returnable fee of €750 has been paid.

Once everything has arrived and has been checked, an independent Case Assessor will be appointed by the Standards Committee, if you are submitting your own new course, a separate Course Assessor will also be appointed. You will be informed who this is. The link to your material will be forwarded to your Case Assessor who will review your written work and assess your recordings. This may involve seeking further information or clarification from you. When this process is complete, your Case Assessor will make a full report and recommendation to the Standards Committee.

This recommendation could be (a) To accept your accreditation, (b) To ask you to re-apply, (c) To reject your application and advise on how to proceed.

The entire Standards Committee (minus any Committee member who might be considered to have a conflict of interest with your application, either positive or negative), will then discuss your application and the Case Assessor’s report. They will decide together which of the three recommendations should be made. If you are not successful, the Committee will provide you and your mentor with the reasons for this and advise on how to proceed. If your application is not successful at first, please see this as a learning opportunity as the Committee aims to enable the development of good trainers.

If you wish to proceed with an application or require further information, please contact the Standards Committee administrator at [adminstandards@emdreurope.net](mailto:adminstandards@emdreurope.net).

Peter Liebermann

Chair EMDR Europe Standards Committee