For more information contact: Trainee Clinical Psychologist, Leeanne Nicholls l.nicholls@soton.ac.uk



Why is this research being c out?

Research has highlighted the clinical neo attend to traumatic events in bipolar d

At present there is limited guidance off EMDR practitioners to how they should the treatment of trauma in bipolar dis

This study aims to produce a consensus from practitioner's perspectives that will and guide clinical practice for trauma bipolar disorder.

Who is undertaking the stud

Leeanne Nicholls, a Trainee Cli Psychologist at the University Southampton as part of her doct training.

Leeanne has successfully treated tra individuals using EMDR, which has an interest in this psychothera



Research Opportunity Participants Needed

How is EMDR best conducted and adapted for trauma focused work within Bipolar Disorder? A Delphi study

be eligible to take nationally based are currently worl experience (limite ciency) of using E riences of working ar disorder us oach.
access to an o cient in reading
What is ir
ing part in an online survey consists inistered over a 5 h round should ta utes to complete.

ake part? e part you must be: EMDR practitioners, king in any setting. ed through to advanced EMDR with trauma. g with individuals with ing any therapeutic online device and be and understanding nvolved? ne survey.

of 3 different rounds, month period.

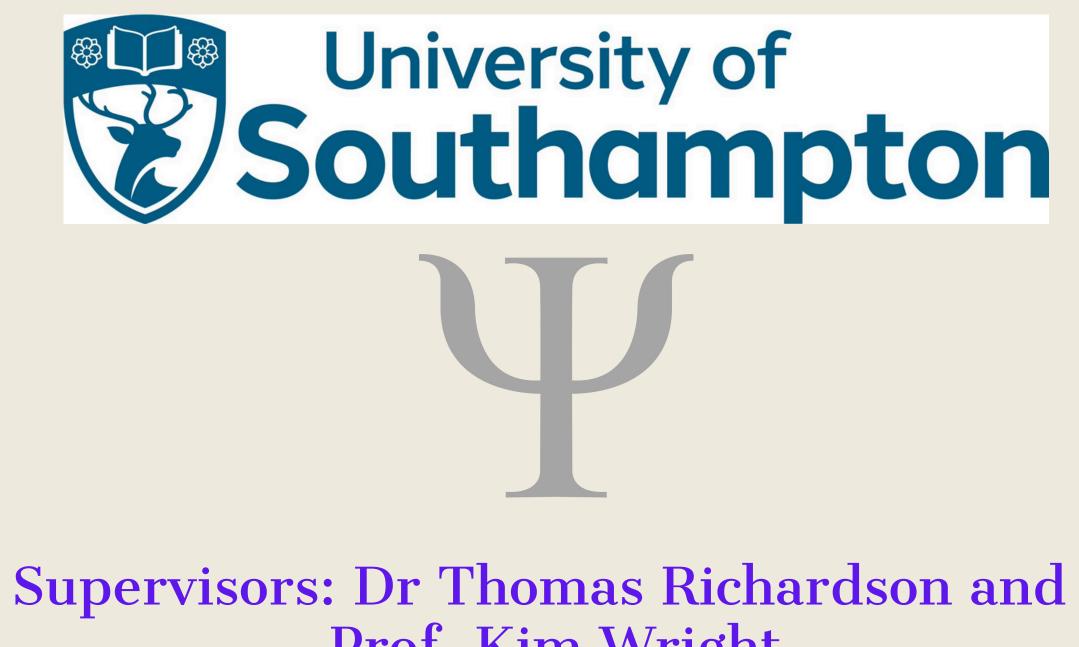
take no longer than 40



If you are interested in being part of this study, please click the link below or scan the QR code for more details.

<u>Survey Link.</u>

Thank you.



Prof. Kim Wright t.h.richardson@soton.ac.uk Date: 07/05/24 Version: 2 Ethics number: 91294



I want to get involved, what do I do next?

