



REACCREDITATION REQUIREMENTS FOR TRAINERS (2019)

Name:

IMPORTANT: *If any written or recorded information is not in English, a translation must be provided.*

1 Continuing Education in EMDR

- (a) You must provide proof that you have undertaken a minimum of 50 hours' continuing education in EMDR and/or psychotraumatology in the last 5 years. This must include attendance at 3 EMDR Europe conferences and 3 EMDR Europe trainers' days. If your national organisation also holds national conferences, you must provide proof that you have attended at least one such conference in the last 3 years.
- (b) You must state how you have kept up to date with the most recent developments in EMDR and related research.

2 Connection with the national EMDR organisation

- (a) You must provide a letter from your national EMDR organisation that states that you are in good standing with that organisation.
- (b) You must state what you have done during the last 5 years to support and promote your national organisation.

3 Participation in activities that promote EMDR

- (a) You must state in writing how many training courses you have undertaken and how many participants you trained in the last 5 years.

- (b) You must keep copies of all participant evaluation forms for the last 3 years and agree for them to be inspected by a member of the Standards Committee if required.
- (c) You must keep records to show that all participants have completed at least 10 hours of supervision as part of their basic training and agree for them to be inspected by a member of the Standards Committee if required.
- (d) You must provide examples of other activities besides your teaching of EMDR that show that you support the development of EMDR (for example, membership of national or international EMDR bodies and workgroups, writing of articles and book chapters, undertaking scientific studies etc.).
- (e) You must state that you continue to devote at least 40% of your professional time to clinical practice (including supervision).

4 CONFIRMATION THAT MY TRAINING COURSE COMPLIES WITH EMDR EUROPE REGULATIONS

I confirm that I have read the document "Criteria for the certification of EMDR standard training within Europe, June 2018 (attached). I confirm that I and my training course are fully compliant with this document. I attach an overview of the program and the content of my training course that demonstrates that I am adhering to the above criteria. I am willing to provide evidence to this effect if requested to do so by the Standards Committee.

5 COMPLAINTS

You must provide details of any complaints, if any, that have been made against you during the last 5 years and give details of the outcome of that complaint.

6 Ethical standing and Integrity

You must provide a statement about maintaining integrity in teaching and practice in psychotherapy and that you are willing to adhere to the ethical and professional standards of EMDR Europe. Your submission for reaccreditation as a trainer should conclude with the following statement:

"I confirm that all statements and evidence I have provided to the committee are truthful. I further confirm that I will continue to behave at all times with integrity in my teaching and practice and that I will adhere to the ethical and professional standards and rules of EMDR Europe."

February 2019