

SOFORTHILFE PSYCHE

www.sofortaktiv.de

- Child and youth psychotherapists, psychologists and medical doctors
- established immediately after the flood disaster for the affected regions in Rhineland-Palatinate and NRW
- Already over 250 professionals in the network
- Quick arrangement of individually suitable treatment places at Psychotraumatology and EMDR specialists in the region
- On request, providing professionally qualified acute intervention on site for individuals and groups; for children, youth and adults
- advice and supervision by experts with many years of experience, scientific advisory board

Do you need help? Send us an e-mail: trauma@sofortaktiv.de

At the request of locally based contact persons, we are already active with our teams in the entire Ahr valley. Teams are being set up for Euskirchen, Bad Münstereifel, Erftstadt, Schleiden, Heinsberg and other places and are also active on request.

We are guided by the principles of Hobfoll:

Security - Reassurance - Self-efficacy - Connectedness - Hope

To finance this work we ask for donations
Donations are certified and are tax deductible

DONATION ACCOUNT

TraumaAid Germany

Sparkasse Duisburg IBAN: DE53 3505 0000 0214 0031 21

BIC: DUISDE33XXX

Keyword flood victims

If you are a colleague working in the field of psychotraumatology and are interested to be included in the Psyche Emergency Help Network, please also write an e-mail to trauma@sofortaktiv.de

What we do uniquely is on-site help, **linked with the** provision of additional therapy places also in the medium and long term perspective. Every single place helps. We register you and get back to you when requests come in. The response to our appeals is very large, touching and comprehensive. We have already linked colleagues with individual people seeking help, which is very good. Suffering can thus be alleviated quickly. We provide basic material on our website.

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