

**5th EMDR Asia Conference 16-17 December 2023, Siem Reap, Cambodia Program Outline at a glance ( Subject to change)**

<b>14th December 2023</b>					
Venue	Empress Angkor Siem Reap				
Time: TBD 4.30 pm	<b>Asia Board Members Meeting and Discussion on Standards, Election, and Finalization of MoA</b>				
<b>15th December 2023: Morning Program</b>					
Venue	Empress Angkor Siem Reap				
Time	<b>9.00-12.00</b>		<b>13.30-16.30</b>		
speakers	Dr. Mark Nickerson, USA		Dr. Deborah Silveria, USA, Dr. Michelle Gottlieb, USA, Dr. Dushyant Bhadlikar, India, Dr. Jinsong Jhang, China.		
Topic	'Social and Culturally Related Trauma and Adversity in EMDR Therapy'		'Practical Challenges and Cultural Implications for Working with EMDR Asia Practitioners'		
<b>Conference Opening</b>					
<b>15th December 2023: Evening program</b>					
18.00 – 20.00	Opening Address: Dr. Tri Iswardani				
	Welcome Address: Dr. Om Plaktin				
	Keynote address: Cambodia Senior Authority <b>(name)</b>				
20.00 – 22.00	Welcome reception with dinner and cultural program				
<b>16th December 2023: Day 1 Conference</b>					
Keynote address: 09.00-9.45 Dr. Carol Martin <b>'EMDR Therapy-Rebuilding Hope in Asia Through Collaboration and Working Together'</b>					
9.45-10.00	<b>Coffee Break</b>				
<b>Research Symposium</b>					
<b>Topic</b>	<b>EMDR Models/Theory/Techniques/Strategies</b>	<b>EMDR with Children &amp; Adolescents/EMDR &amp; childhood trauma</b>	<b>Mind Body interactions within EMDR/EMDR and Depression</b>		

Venue/Chair	Room 1/Chair:	Room 2/Chair:	Room 3/Chair:	Room 4	Poster
10.00 – 10.15	<b>Beth Offer (1):</b> A two-step approach for stabilizing and processing	<b>Deepak Gupta &amp; Nabanita Sengupta (1):</b> Storytelling As An Effective Tool Of Using EMDR Therapy In Young Children: An Indian Perspective	<b>OM Plaktin (1):</b> A Randomized Controlled Trial Investigating the Efficacy of Eye Movement Desensitization and Reprocessing (EMDR) Stabilization Techniques in Reducing the Symptoms of Post-Traumatic Stress Disorder (PTSD), Anxiety and Depression		<b>Chanhen Tsai; Shaheen Islam; Mahjabeen Haque &amp; Nuzhat Rahman; Jianjun Li; Chintan Naik, Sanskruti A. Joshi, &amp; Riya Sha</b>
10.15 - 10.30	<b>Beth Offer (2)</b>	<b>Deepak Gupta &amp; Nabanita Sengupta (2)</b>	<b>OM Plaktin (2)</b>		
10.30 -10.45	<b>Liam Spicer (1):</b> EMDR for the treatment of Prolonged Grief: Assessment, Treatment and Considerations	<b>Nazia Mustafa et al:</b> Efficacy of EMDR Integrative Group Treatment Protocol in Reduction of Psychological Distress Among Adolescents: A Pilot Randomized Controlled Trial from Pakistan	<b>Brurit Laub &amp; Keren Mintz Malchi (1):</b> Dialectics – The Royal Road to Transformation		
10.45 – 11.00	<b>Liam Spicer (2)</b>	<b>Ayza Yazdani:</b> EMDR therapy for pathological anxiety in a case with borderline intelligence: an adolescent case study from Pakistan	<b>Brurit Laub &amp; Keren Mintz Malchi (2)</b>		
11.00 – 11.15	<b>Liam Spicer (3)</b>	<b>Karishma Shah (1):</b> Rebuilding Self: A traumatised adolescent’s transformative	<b>Brurit Laub &amp; Keren Mintz Malchi (3)</b>		

		journey into healthy adulthood using EMDR Therapy.			
11.15 – 11.30	<b>Kiran Bashir:</b> Self and resilience - EMDR group traumatic episode protocol (G-TEP) with volunteer caregivers of an injured elephant in Karachi - a case study	<b>Karishma Shah (2)</b>	<b>Brurit Laub &amp; Keren Mintz Malchi (4)</b>		
11.30 – 11.45	<b>Usha Verma:</b> Using group EMDR procedure to deal with anger and anxiety issues in institutionalized orphan girls				
11.45 – 12.00					
<b>Special Session, Mini Workshop</b>					
<b>Time</b>	<b>12.00-13.00</b>				
<b>Speaker</b>	<b>Dr. Dolores Mosquera</b>				
<b>Topic</b>	<b>'How to Move Safely from Stabilization to Processing Traumatic Memories When Working with Dissociative Disorders: Micro-Processing Procedures'</b>				
13.00 – 13.15	<b>Lunch</b>				
13.15 – 13.30					
13.30 – 13.45					
13.45 – 14.00					
	<b>Panel Discussion</b>				
<b>Time</b>	<b>14.00-15.00</b>				
<b>Topic</b>	<b>'Trauma Recovery Network-Community Outreach for Disaster Response'</b>				
<b>Chair</b>	<b>Dr. Carol Martin</b>				
<b>Speakers</b>	<b>Dr. Sushma Mehrotra, Dr. Tri Iswardani, Dr. Jinsong Zhang, Sr. Janet Nethisinghe, Fr. Chilton George Fernandez, Ms. Jackie Viemilawati</b>				
15.00-15.15	<b>Coffee Break</b>				
	<b>Research Symposium</b>				

Topic	EMDR Models/Theory/ Techniques/Strategies	EMDR, Interpersonal Trauma, & Dissociation	EMDR & Somatic Complaint		
	Research Symposium/ Mini Workshops				
Venue/Chair	Room 1/Chair:	Room 2/Chair:	Room 3/Chair:	Room 4	Poster
15.15-15.45	<p><b>Rebecca Suganthi:</b> Digital Healing: Online EMDR for Couples with Attachment Trauma – Case Study and Insights from an Ongoing Feasibility Trial</p>	<p><b>Begum Maksuda:</b> EMDR psychotherapy can highly reduce the impulsive (or crime related) behaviour of Paedophilic activity exposed students, rather promotes them with personal growth, good grade performance and socialization.</p>	<p><b>Rusham Zahra (15 min):</b> Unlocking the Potential of EMDR Therapy in Alleviating Chronic Pain: A Compelling Case Study from Pakistan</p> <p><b>Yulia Direzka &amp; Azzaki Abubakar (15 min):</b> Multidisciplinary Approach in Treating Dyspeptic Patients with Underlying Traumatic Disorders: Case Series</p>		
15.45-16.15	<p><b>Laura Rochietta:</b> Collective trauma of interpersonal nature: theoretical considerations and practical examples for the EMDR therapist</p>	<p><b>Adhity:</b> EMDR for the treatment of Dissociation</p>	<p><b>Dr. Natalia Seijo:</b> Somatic footprint of trauma</p>		
16.15-16.45	<p><b>Sangita Thakur:</b> Creative modes of processing Medical Misadventure &amp; Complex Abuse with EMDR- A multi layered trauma case presentation.</p>	<p><b>Eisha Usmani (15 min):</b> Disassociating Disgust of cockroaches with Rape using EMDR</p>			

16.45-17.15	<b>Matthew Woo:</b> EMDR processing of Ideas of reference				
17.15 – 17.45	<b>General Meeting (for every member from EMDR Asia)</b>				
<b>Social and Cultural Exchange</b>					
<b>17 December 2023: Day 2 Conference</b>					
Key Note Address: 09.00-10.00 Dr. Derek Farrell <b>‘Understanding Moral Trauma/Injury Through the Lens of Adaptive Information Processing: Conceptual Framework and Treatment Interventions’</b>					
10.00 – 10.15	Coffee Break				
<b>Special Session, Mini Workshop</b>					
<b>Time</b>	<b>10.00-11.30</b>				
<b>Speaker</b>	<b>Dr. Dolores Mosquera</b>				
<b>Topic</b>	<b>‘Treatment of Somatoform Disorder With EMDR’</b>				
<b>Research Symposium/Mini Workshops</b>					
Venue/Chair	Room 1/Chair:	Room 2/Chair:	Room 3/Chair:	Room 4	Poster
	<b>EMDR and Cultural Adaptations</b>	<b>EMDR Case Studies, EMDR &amp; Research</b>	<b>EMDR &amp; Special Population</b>	<b>EMDR &amp; Disaster Response</b>	
	<b>Research Symposium</b>				
Venue/Chair	Room 1/Chair:	Room 2/Chair:	Room 3/Chair:	Room 4	Poster
11.30-11.45	<b>Sutharsshini Ramesh &amp; Hettigoda Kanthi:</b> Cultural factors affecting the effectiveness of EMDR therapy in Sri Lanka	<b>Yi Jing Wo &amp; Xiangzhen Ma (1):</b> Effectiveness of EMDR intervention for post-traumatic stress disorder in adults: A meta-analysis	<b>Donald F. deGraffenried (1):</b> Mindfulness in Support of Victims of Extreme Violence & Delivered in a Brief Treatment Model	<b>Savera Mansoor:</b> The use of Eye Movement Desensitization and Reprocessing (EMDR) in the management of Traumatic Grief	

				during COVID-19 pandemic: a mixed methods assessment	
11.45-12.00	<b>Mathew Gincy:</b> Navigating the Challenges of Advancing EMDR Therapy Practices in the South Indian Context: With Special Focus on Kerala	<b>Yi Jing Wo &amp; Xiangzhen Ma (2):</b>	<b>Donald F. deGraffenried (2)</b>	<b>Sanskriti A. Joshi &amp; Chintan Naik:</b> Using EMDR Approach with Students who survived Fire Tragedy in the Community	
12.15-12.30		<b>Wang Yuping &amp; Li Xianbin:</b> The Efficacy of Online eye movement desensitization and reprocessing (EMDR) for post-traumatic stress disorder (PTSD) Patients: A Randomized Single-blind Controlled Trial	<b>Donald F. deGraffenried (3)</b>	<b>Chilton George Fernandez:</b> EMHI, Flood and Pandemic Isolation	
12.30-12.45		<b>Sophearith Phul:</b> Personal Connection and the Therapeutic Process: A Case Study of EMDR with a Family Member	<b>Donald F. deGraffenried (4)</b>		
12.45-13.00					
13.00 – 13.15	Lunch				
13.15 – 13.30					
13.30 – 13.45					
13.45 – 14.00					
	<b>Panel Discussion</b>				
<b>Time</b>	<b>14.00-15.00</b>				
<b>Topic</b>	<b>Spirituality and EMDR</b>				

<b>Chair &amp; Co-Chair</b>	<b>Dr. Derek Farrell</b>				
<b>Speakers</b>	<b>Dr. Mowadat Rana, Fr. Chilton George Fernandez, Sr. Janet Nethisinghe Dr. Dushyant Bhadlikar, Mr. Tri Hadi</b>				
<b>15.00-15.15</b>	<b>Coffee Break</b>				
	<b>Research Symposium</b>				
<b>Topic</b>	<b>EMDR, Mindfulness, &amp; Spirituality (or Eastern Method)</b>	<b>EMDR &amp; Humanitarian Assistance Program</b>	<b>EMDR, Complex Trauma, &amp; Borderline Personality Disorder</b>	<b>EMDR &amp; Disaster Response</b>	
	<b>Research Symposium</b>				
<b>Venue/Chair</b>	<b>Room 1/Chair:</b>	<b>Room 2/Chair:</b>	<b>Room 3/Chair:</b>	<b>Room 4</b>	<b>Poster</b>
<b>15.15-15.45</b>	<b>Mowadat Rana:</b> Anthropology, Theology, Philosophy, and Science of Psychotrauma: Can EMDR cure it all?		<b>Chintan Naik:</b> Modified Case Conceptualization and Additional Aids in EMDR with Personality Issues		
<b>15.45-16.15</b>	<b>Tri Swasono Hadi:</b> Good EMDR: Harmonizing the mind, the body and the spirit		<b>Zainab Barry (15):</b> Effectiveness of Eye Movement Desensitization and Reprocessing (EMDR) in Complex Post Traumatic Stress Disorder(C-PTSD)  <b>Kiran Shehzadi, Nazia Mustafa, &amp; Khadija Tahir (15):</b> Competing Interpersonal Trauma with Eye Movement Desensitization and Reprocessing (EMDR): A Case Series of Pakistani		

			Women with Multiple Traumas		
16.15-16.45	<b>Dr. Gary Quinn</b> <b>'Past, Present and Future Disasters and Modified Brief EMDR Interventions'</b>				
<b>17 December 2023 Evening program</b>					
Venue					
18.00 – 20.00	Special Address:				
	Vote of thanks:				
20.00 – 21.00	Reception with surprise performance				